



Preoperative Patient Education Program for Total Joint Replacements

Wednesday 9am - 11am

All patients scheduled for hip and knee joint replacement surgery are EXPECTED to attend this two hour session. Our Preoperative Patient Education Seminar for Total Joint Replacement Surgery is designed to prepare you and your family for surgery, recovery, rehabilitation and to initiate comprehensive discharge planning. You will have the opportunity to learn from and interact with a variety of skilled, enthusiastic health care professionals who are committed to supporting the surgical excellence at NCH.

Thank you in advance for helping our program work for you. Our staff looks forward to caring for you throughout your pathway towards recovery.

As soon as your surgery date is scheduled, please register for the class by phone (239) 624-3998 or by email: Donna.Fogelson@nchmd.org. Registration is required as space is limited. Please include patient name, phone number, date of surgery, name of surgeon, type of surgery (hip or knee), number of people attending the class, and the date you will be attending.

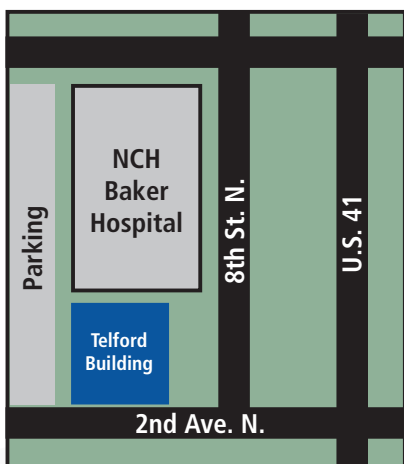
Topics to be Discussed

- Preparation for Surgery
- Day of Surgery
- Your Initial Recovery
- Pain Management
- Physical Therapy Progression
- Discharge Planning
- Managing your New Life

Feedback From Those Who Attended

"A great job by the entire healthcare team... the PreopProgram provided an excellent orientation for me and my wife. We know what to expect during my recovery following THR surgery...I thank everyone involved for giving me a more joyful outlook on life." A.S.

"I was so anxious about having TKR surgery when I arrived to the Preop Program; I saw I wasn't the only one. This program helped me reduce my anxiety...I feel so much better now that I know what is going to happen during my recovery." H.C.



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